

# Personality Masteries Challenge Coaching (PMCC)

[www.PersonalityMasteries.com/Coaching/Challenge](http://www.PersonalityMasteries.com/Coaching/Challenge)

Name: \_\_\_\_\_ email: \_\_\_\_\_

PMCC Coach: \_\_\_\_\_ ID#: \_\_\_\_\_

Date: \_\_\_/\_\_\_/\_\_\_ Start Time: \_\_\_:\_\_\_ End Time: \_\_\_:\_\_\_ version 1.00



## 1. The Biggest Challenge / Problem (BC) I would like to solve is . . .

2. How long have I had this BC? \_\_\_\_\_
3. Do I really, and we mean REALLY, want to to solve my problem? [ ] - Yes, [ ] - No, [ ] - Maybe
4. Have I worked really hard to solve this problem? \_\_\_\_\_ Why I haven't solved my BC?
5. Do I believe I am ready and willing to do what I need to do to solve my biggest challenge? \_\_\_\_\_

### Step 1: Examination



### 5 Love Languages

- Receive / Give
- / / - Words Of Affirmation
- / / - Quality Time
- / / - Receiving Gifts
- / / - Acts Of Service
- / / - Physical Touch

- \_\_\_ Coachable
- \_\_\_ Listener
- \_\_\_ Sales/Persuasion
- \_\_\_ Urgency / Cause:
- \_\_\_ Procrastination / Why / Respond / Work
- \_\_\_ Trust Others
- \_\_\_ Trust Self
- [ ] - Coachable

**NOTES** - Additional Notes On Back Of Interview form.

I believe I could give \$\_\_\_\_\_ [ ]-Weekly, [ ]-Monthly, [ ]-One Time, to a great cause.

### Step 2: Solution(s)

- [ ] - One On One Coaching \_\_\_\_\_
- [ ] - Online Training \_\_\_\_\_
- [ ] - Mastermind Group(s) \_\_\_\_\_
- [ ] - Success Circle of 12 \_\_\_\_\_
- [ ] - Other: \_\_\_\_\_

### Step 3: Implementation

- [ ] - Accountability: Name Of Person \_\_\_\_\_
- [ ] - Manage Up/Out // Frequency: \_\_\_\_\_
- [ ] - \_\_\_\_\_
- [ ] - \_\_\_\_\_

Solution To Be Taken By: \_\_\_/\_\_\_/\_\_\_

Reviewd: \_\_\_/\_\_\_, \_\_\_/\_\_\_, \_\_\_/\_\_\_, \_\_\_/\_\_\_, \_\_\_/\_\_\_, \_\_\_/\_\_\_

Next Appointment: \_\_\_/\_\_\_ \_\_\_:\_\_\_

Apt. With: \_\_\_\_\_